

## Resolution of The Board of Supervisors of Ventura County

Proclaiming August 1-7, 2009 As World Breastfeeding Week

WHEREAS, the people of Ventura County are deserving of good health; and

WHEREAS, all available knowledge indicates that human milk optimally enhances the growth, development and well-being of the infant by providing the best possible nutrition, protection against specific infection and allergies, and the promotion of maternal and infant bonding; and

WHEREAS, breastfeeding promotes healthier mothers and benefits society through lower health care costs for infants, a healthier workforce, stronger family bonds, less waste; and

WHEREAS, breastfeeding is economical and environmental friendly, providing its benefits at little or no cost; and

WHEREAS, breastfeeding is recognized by major medical organizations, such as the American Academy of Pediatrics, the American College of Obstetricians and Gynecologists, the American Academy of Family Physicians, the American Dietetic Association, the Vlational Association of WIC Directors, UNICEF and WHO as the preferred method of infant feeding and they support breastfeeding throughout the early years of life; and

WHEREAS, the Breastfeeding Coalition of Ventura County exists to support breastfeeding as the cultural norm for all babies and to promote maternal and child health through breastfeeding education, support and outreach in Ventura County; and

WHEREAS, the Breastfeeding Coalition of Ventura County and the La Leche League celebrates World Breastfeeding Week, Aug. 1.7, 2009, which is proclaimed by the World Alliance for Breast feeding Action along with the World Health Organization and UNICEF; and

WHEREAS, the County of Ventura has a dedicated Lactation Room located here in the Hall of Administration on the fourth floor and will make accommodations at other county sites for moms who are working but want to continue to nurse their babies. New baby kits are also mailed out to County employees who have recently added a new dependent onto their health benefits. The kits include information not only on breastfeeding, but also on child care, immunizations, safe sleep for baby, lead poisoning, community services and organizations; and

WHEREAS, the families of Ventura County need reliable sources of information to make an informed choice about the care and feeding of their infants.

NOW, THEREFORE BE IT RESOLVED, that the Ventura County Board of Supervisors do hereby proclaim Plugust 1-7, 2009 as World Breastfeeding Week in Ventura County and urges all citizens to seek reliable nutrition information and to support breastfeeding as a high priority for healthier babies in Ventura County.

## Presented This 4th Day Of August 2009

Steve Bennett, Supervisor 1 d District

Kathy J. Long, Supervisor 3rd District